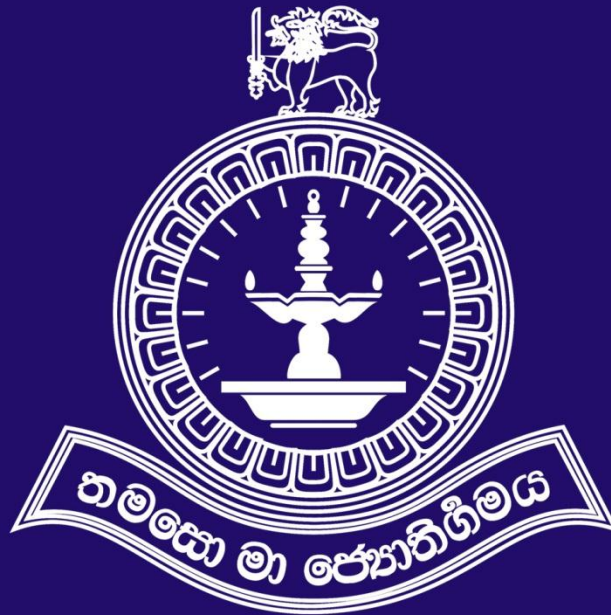


*“Thurstan College, being unshaken amidst the COVID 19 challenges”*

## ***Series of Supportive Activities***



# Grade 7 - English

**THURSTAN COLLEGE**  
**COLOMBO 07**

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**Concept, Guidance & Supervision** - Principal Mr. Pramuditha Wickramasinghe

**Implementation** - Deputy Principal (Education Development)

Mrs. N.G.H. Samanthini

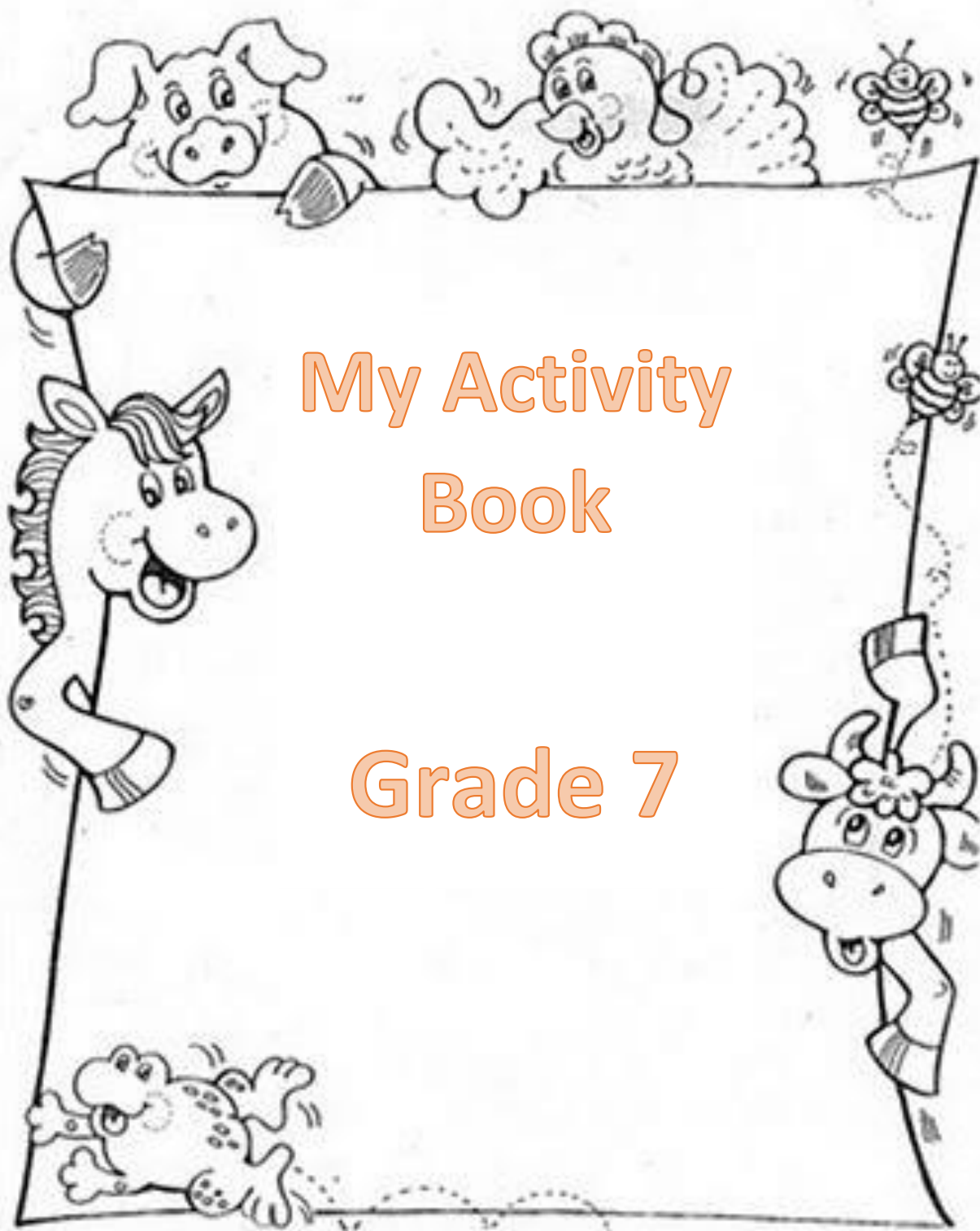
-Assistant Principal (Grade6-13)

Mr. M.C.Jayasekara

-Grade Head (Grade 7) Mrs. Chandani Nanayakkara

### **Preparation of Activity Books**

- |                      |   |                             |
|----------------------|---|-----------------------------|
| ▪ Grade 6 (English)  | - | Mrs. Anoma Gamage           |
| ▪ Grade 7 (English)  | - | Mrs. Chandani Nanayakkara   |
| ▪ Grade 8 (English)  | - | Mrs. D.K. De Zoysa          |
| ▪ Grade 9 (English)  | - | Mrs. Upeksha Peiris         |
| ▪ Grade 10(English)  | - | Mrs. N.S. Rathnayake        |
|                      |   | Mrs. Maheshi Mendis         |
| ▪ Grade 11 (English) | - | Mrs. Gayathree Dharmarathne |
|                      |   | Mrs. Sunethra Siriwardane   |

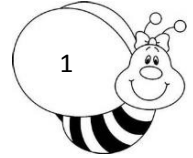


# My Activity Book

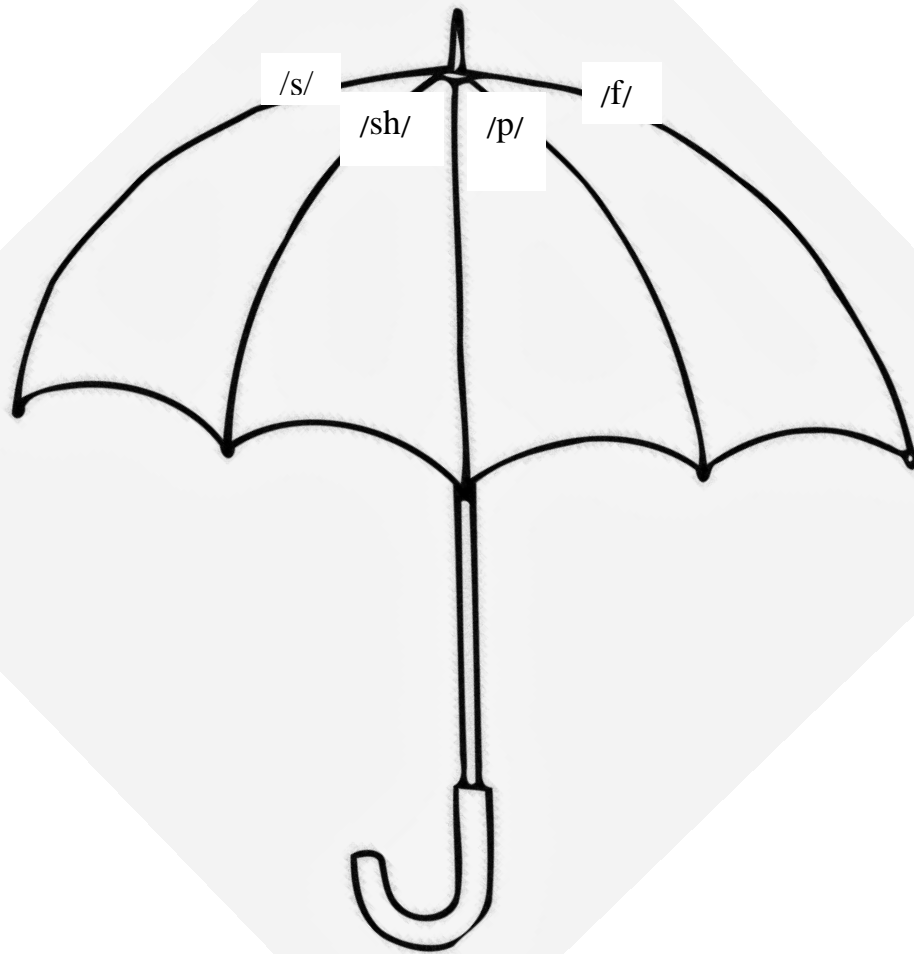
Grade 7

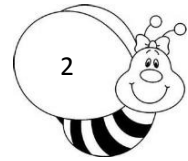
### Activity 1

Write the given words in the correct part of the umbrella. Consider the Pronunciation.



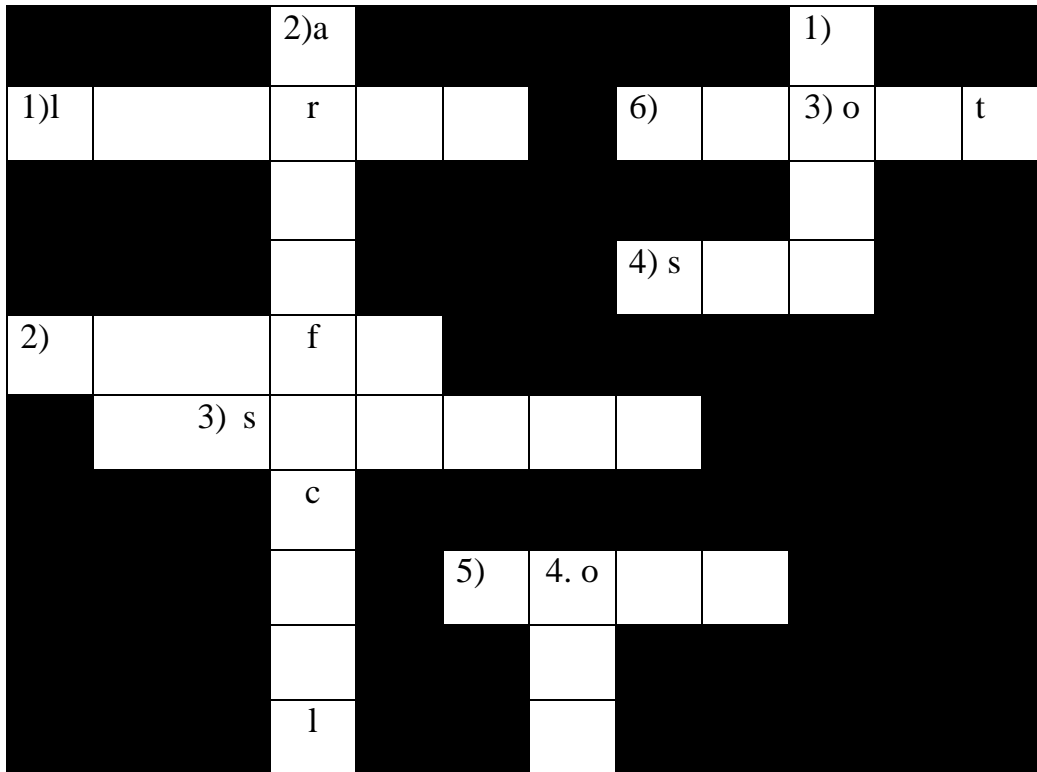
play, fan, sheep, son, shell, fun, pine, sink, shape, pin, pilot, friend, chef, sign, fantasy, physical, parrot, sheet, small, fat.





## Activity 2

Fill the below puzzle by using **Synonyms and Antonyms**.

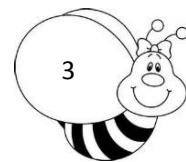


### Cross

1. Synonym for the word 'big'.
2. Synonym for the word 'present'.
3. Synonym for the word 'easy'.
4. Antonym for the word "happy".
5. Synonym for the word 'connect'.
6. Antonym for the word 'tall'.

### Down

1. Antonym for the word 'hot'.
2. Antonym for the word 'natural'.
3. Antonym for the word 'young'.
4. Synonym for the word 'single'.



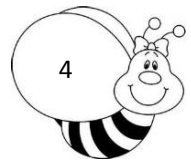
### Activity 3

1. Rewrite the following using apostrophes.

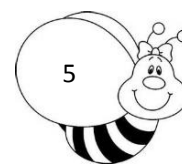
1. They are - .....
2. They have - .....
3. Cannot - .....
4. House of my brother - .....
5. Will not - .....
6. A principal of a school - .....
7. I am - .....
8. The decision of the umpire - .....
9. That is - .....
10. You are - .....

2. Write the correct answer in the blank.

1. I can imagine where ..... going after the movie. (theyre /they're)
2. Miheli's ..... Shop is a grocery. (fathers'/father's)
3. She ..... play guitar even though her father is a guitarist. (can't/cant)
4. Thurstan college is a well-known ..... school in Sri Lanka. (boy's/boys')
5. Shashen's ..... name is Troy. (best friends'/ best friend's)



6. My little sister ..... walk alone. (can't.cant')
7. Mala's ..... Is a carpenter. (fathers'/father's)
8. .... you know the name of your class teacher?  
(don't/dont)
9. .... brother's name is Shehan. (Shashinis'/  
Shashini's)
- 10..... prepared a new speech for the ,morning  
assembly. (I've/Ive)



#### Activity 4

Read the poem and write the answers.

### Ladybug

Ladybug, ladybug,  
With dots so black.  
You eat the aphids.  
I'll count your back.

I see your red  
On the plants so green.  
You bring good luck,  
And you keep my  
garden clean!



1. Who is the animal in the poem?

.....

2. What is the colour of the Ladybugs?

.....

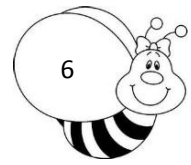
3. What do ladybugs eat?

.....

4. What do ladybugs bring?

.....





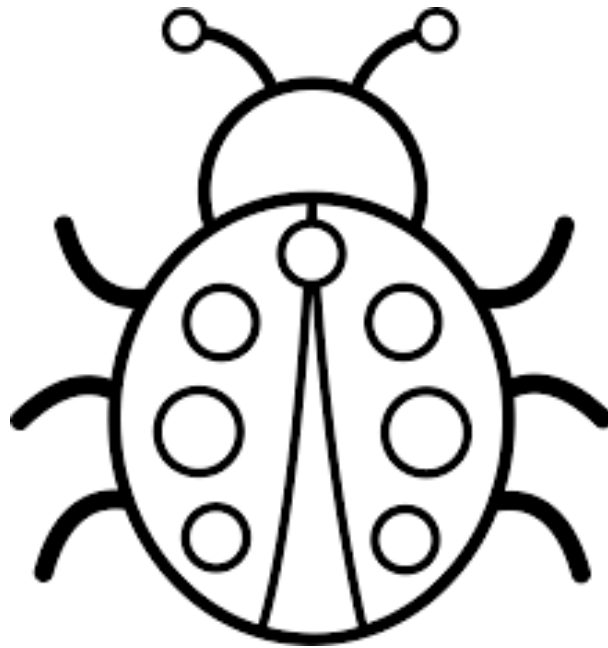
5. Find rhyming words.

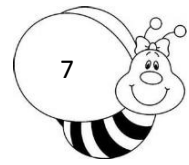
- a. Black –
- b. Green –

6. Write a similar word for “luck”.

.....

7. Colour the ladybug after reading the poem.





### Activity 5

Convert the following sentences into negative and question sentences.

*First one is done for you.*

1. There are many children in the elementary school.

**N:** There are not many children in the elementary school.

**Q:** Are there many children in the elementary school?

2. There was wooden antique jewelry box in my grandma's house.

**N:**

.....

**Q:**

.....

3. There will be an orientation programme for the grade 1 students.

**N:**

.....

**Q:**

.....

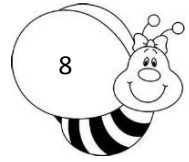
4. There is a notebook on my table.

**N:**

.....

**Q:**

.....



5. There will be more students for the grade 7 English lecture.

**N:**

.....

**Q:**

.....

6. There were more tuskers in the Kandy Perahera in the past.

**N:**

.....

**Q:**

.....

7. Mala was the chief devotee of our temple.

**N:**

.....

**Q:**

.....

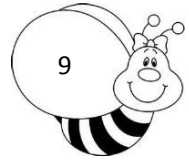
8. There will be many highways and expressways in Sri Lanka within  
next 10 years.

**N:**

.....

**Q:**

.....



9. There are many colour pencils in my brother's pencil case.

**N:**

.....

**Q:**

.....

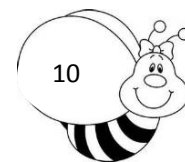
10. There is an unknown school bag on my desk.

**N:**

.....

**Q:**

.....



## Activity 6

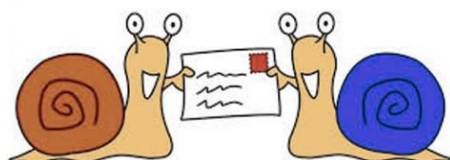
Read and complete the table.

Hi! I'm Yuvi. I'm fifteen years old Japanese girl. I'm looking for a pen pal especially from an Asian country. My hobbies are doing flower arrangements, cooking and shopping. So, if you are interested in me, please email to [yuvi@yahoo.com](mailto:yuvi@yahoo.com).

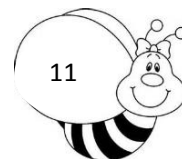
Hello! I'm Stephen Crow. I'm sixteen years old. I live in UK. I wish to correspond with a Sri Lankan boy who lives in the coastal area. My hobbies are philately, watching TV and reading books. Please write to me to 21A, Burghly Road, Kentish Town, Central London, WA456, UK.

I'm an American girl. I'm Anna Allen and fifteen years old. I wish to correspond with a girl from Sri Lanka. My hobbies are dancing, painting and watching TV. Please write to 347, Brook Grove, Brooklyn, USA.

I live in Chennai. I'm fourteen years old. My hobbies are dancing, singing and reading. My contact address is Selvi Balachandran, 15, Main street, Chennai, India. I like to keep in touch with friends in foreign countries.



Name	Age	Country	Hobbies	Address/Email
1.				
2.				
3.				
4.				

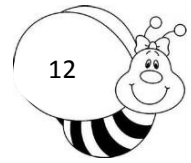


### Activity 7

Read the following Riddle cards and write the relevant number of the riddle card in the table. *The first one is done for you.*

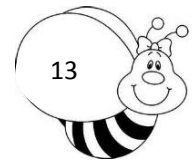
#### Riddle Cards

1	I float in the water. I carry people. What am I?
2	I can make a garden look ugly. Most people would pull me out. What am I?
3	You climb me when you want to get another floor. What am I?
4	Sometimes I am cloudy. Sometimes I am blue. What am I?
5	I cover your face to make you look funny. What am I?
6	When one end goes up, the other end goes down. What am I?
7	I am a colour and I am also a fruit. What am I?
8	I am a part of a tree and green in colour. What am I?
9	I have two hands, one is long and one is short. What am I?
10	I have four legs but I can't with them. What am I?
11	After the rain I come. When the sun comes I go. I am in the sky. What am I?
12	I come from a cow. You drink me from a glass. What am I?
13	I always stay in bed. You keep your head on me. What am I?
14	You hear through me. One of me is on each side of your head. What am I?
15	I fly in the sky. I can't land on trees. What am I?



boat	1
Ears	
Milk	
Seesaw	
Steps	
Leaf	
Orange	

Chair	
Mask	
Aeroplane	
Rainbow	
Clock	
Pillow	
Grass	
sky	



### Activity 8

Select the correct expressions for following situations and write the correct letter in the box.

*The first one is done for you.*

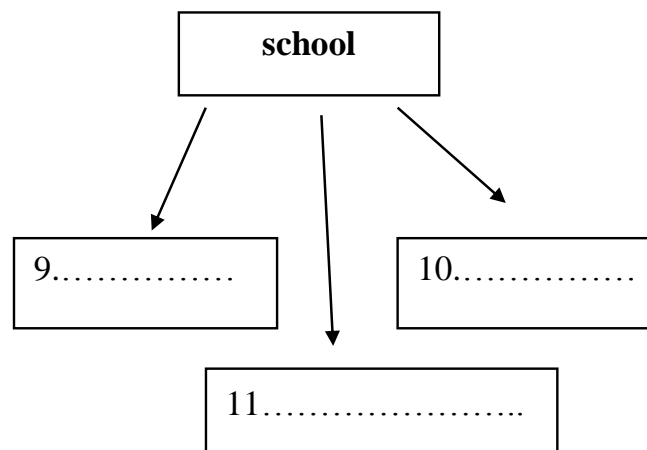
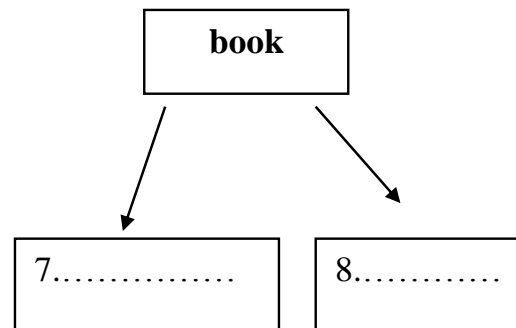
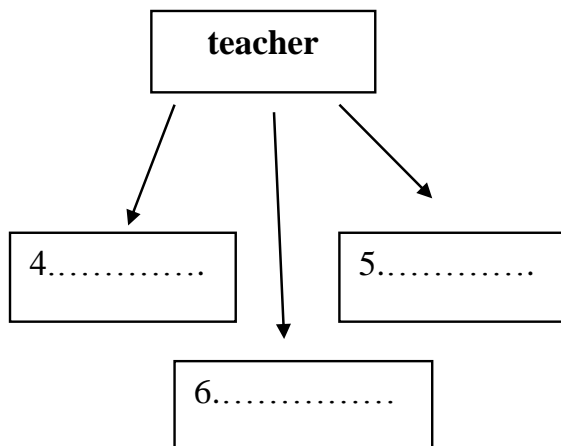
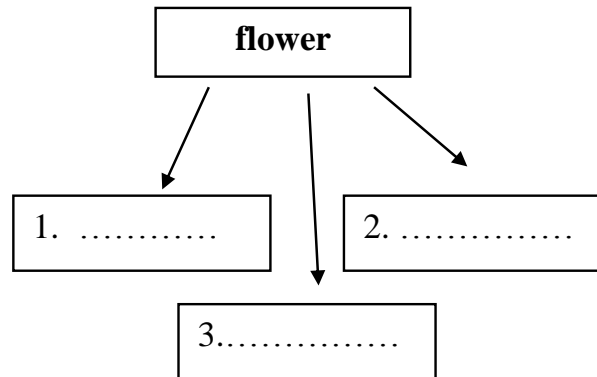
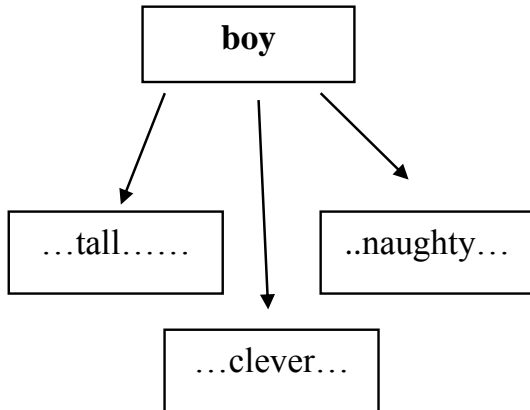
A	B
1. You're tired, aren't you?	A) Ok. I'm listening.
2. Have you got a camera?	B) No, that was the first time.
3. Where do you live?	C) Yes, but not very fluently.
4. Listen. Please	D) Yes, a little.
5. Can you speak German?	E) Yes, why? Do you want to borrow it?
6. He'd never met her before.	F) In the middle of the town.

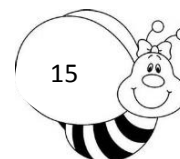
1	2	3	4	5	6
D					



### Activity 9

Write suitable adjectives to describe the following nouns. *The first one is done for you.*





## Activity 10

Read the poem and underline the contracted forms in the poem.

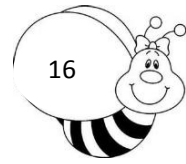
### Parents' Meeting

(i) We 're waiting in the corridor My dad, my mum and me They're sitting there and talking I'm nervous as can be I wonder what she'll tell them I'll say I've got a pain I wish I'd got my spelling right I wish I had a brain	(ii) We 're waiting in the corridor My wife, my boy and me My wife's as cool as cucumber I'm nervous as can be I hate these parents' evenings The waiting makes me sick I feel just like a kid again Who's gonna get the sick
(iii) We 're waiting in the corridor My husband, son and me My son just stands there smiling I'm smiling nervously I wonder what she'll tell us I hope it's not all bad He's such a good boy, really But dozy like his dad.	(iv) I'm waiting in the classroom It's nearly time to start I wish there was a way to stop The pounding in my heart The parents in the corridor Are chatting cheerfully And now I've got to face them And I'm nervous as can be

Now write the expansion of the contracted forms (long way as shown in the example).

E.g: We're - We are

1. They're - .....
2. I'm - .....
3. She'll - .....
4. She's - .....
5. I'll - .....
6. I'd - .....
7. I've - .....
8. It's - .....
9. He's - .....



## Activity 11

Let's read the tongue twisters!

How much wood would a woodchuck chuck  
if a woodchuck could chuck wood?

Give papa a cup of proper coffee  
in a copper coffee cup.

The chic Sikh's sixty-sixth sheep is  
sick

A loyal warrior will rarely worry  
why we rule.

Which witch switched the Swiss  
wristwatches?

## Activity 12

Read the following notes and write reply notes for them.

Dear Waruna,

We are moving house. Will you be able to help me pack, tomorrow?  
Please let me know when you can come.

Rajan.

Dear Rajan,

.....  
.....  
.....  
.....

Dear Meghan,

There is an art competition on coming Thursday at our school. If you want to join please let me know.

Suzi.

Dear .....,

.....  
.....  
.....  
.....  
.....  
.....  
.....

### Activity 13

Look at the picture and describe it.

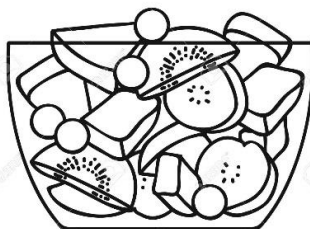


E.g: 1. 250 grams of Cabbage is Rs. 50.00

2. ....
3. ....
4. ....
5. ....
6. ....
7. ....
8. ....

### Activity 14

Arrange the following steps of making a fruit salad properly. Put the correct English letter in the table.



Enjoy your fresh fruit salad!

A

Add a scoop of ice cream on the top of the salad.

B

Wash your fruits and wash your hands first.

C

Then add 1/4 teaspoon of sugar (As your taste desires).

D

Peel and cut the orange, kiwi, apples, pineapples, bananas and papaya into bite sized pieces and put into bowl.

E

Then add 1/4 teaspoon of Salt (As your taste desires).

F

Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	

### Activity 15

Match the pictures with the sentences and write the correct letter in the table.

#### Learning Point:

- **Must** and **Should** are used to give advice and express necessity.
- **Must** is stronger than **should**.

The following sentences and pictures show the things you must do to be protected from COVID 19 pandemic.



A



B

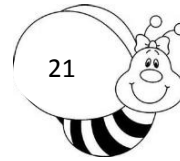


C



D

1. You must wear a mask when you go out.	
2. You must wash your hands after going out	
3. You must not touch your nose, eyes and mouth frequently	
4. You must keep distance with others	



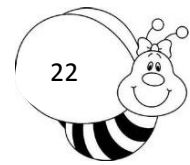
### Activity 16

Fill in the blanks with **must** or **must not/mustn't**.

1. You ..... wear a cap when you go out.
2. You ..... wash your hands before having your meal.
3. You ..... obey the elders.
4. You ..... drive cars as you are in grade 7.
5. You ..... return your books on time to the library.
6. You ..... use or drink alcohol.
7. You ..... wear a mask when you go out these days.
8. You ..... wash the vegetables and fruits well before you are going to eat them.
9. You ..... make troubles for your parents.
10. You ..... fight with your friends and siblings.







### Activity 17

Match the information in table A with table B. Write the correct letter in front of the statements in column A.

<b>A</b>	
1. There are many notes to be completed before starting the school.	
2. I have no time to play with my friends.	
3. According to the doctor my eyes are not in good condition.	
4. I missed by school bus today because I went to bed late last night.	
5. My mother is so busy in the kitchen.	

<b>B</b>
You should help your mother to prepare the meals.
You should complete the notes as soon as possible.
You should go to bed early.
You should plan your things according to a schedule.
You should wear a pair of spectacles.

## Activity 18

Construct the questions and answers by looking at the pictures given. *The first one is done for you.*



1. Can you dance Ballet?

Answer: Yes, I can.



2. Can You .....

Answer: No, I .....



3. Can you .....

Answer: Yes, I .....



4. Can you .....

Answer: ....., .....



5. Can you .....

6. Answer: ....., .....



## Activity 19

Write the questions and answers by looking at the pictures given. *The first one is done for you.*



1. Would you like some apples?

Answer: Yes, Please.



2. Would You .....

Answer: No, Thank you.



3. Would You .....

Answer: ....., .....



4. Would You .....

Answer: ....., .....



5. Would You .....

Answer: ....., .....

## Activity 20

Read the following NOTICE and answer the questions.

**Poetic Heart!**

**The Literary Association of Thurstan College**

**Has organized**

**“Poetic Heart – Poetry Competition”**

- Age – 10 -18
- Venue – At Main hall
- Date – 11<sup>th</sup> of April 2021
- Time – From 9.00 am to 1.00 pm

*For further information contact:*  
*Mr. Nalin Perera.*  
*(Teacher-in-charge of Literary Association)*

1. What is the competition mentioned here?

.....

2. What is the name of this Competition?

.....

3. When is the Competition?

.....

4. Where are they going to conduct the Competition?

.....

5. Mention the time duration of the Competition.

.....

6. Who is the teacher-in-charge of Literary Association?

.....